

Guidelines for our Re-Opening - - May 16th

Studio / Teacher Responsibilities:

1. studio will provide alcohol spray for hand sanitizing before and after studio classes
2. studio will mark clearly entry and exits to allow for a one-way flow of lobby traffic
3. studio will not allow congregating or 'hanging out' in the lobby - we love you but can't allow this for now :)
4. studio is providing 'contactless check-in'
5. studio is implementing physical distancing and reduced class sizes
6. teachers must wear masks everywhere in the studio, except while on their own mat (6' away from students)
7. teachers must check for a fever before they arrive at the studio
8. teachers will prop doors open for entry and exit
9. teachers will wipe down all handles, knobs, surfaces before and after classes

Student Responsibilities:

(NOTE: attending our classes demonstrates your agreement to the follow these guidelines)

1. students are asked to stay home if they are high risk or are feeling ill, or have a fever
2. students must bring their own props (yoga mat at a minimum, and if the class uses other props, bring blankets, blocks, strap as you deem necessary)
3. students must wear a mask for entry and exit, which can then be removed and placed on their mat
4. students must set mats on designated (taped) spots to maintain 6' distance
5. students are asked to wash hands at home before and after classes
6. students must leave shoes outside, and personal items are not allowed inside (except props)
7. students are asked to use the restroom at home before class
8. students must adhere to posted signs directing flow of traffic for entry and exits (newly marked)
9. students must pay via a class pass, or Venmo on their phone, or bring exact change (\$10)
No change will be given.